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CCL Releases Improved Spanish NFP program with New Innovations in Delivery

CINCINNATI, Ohio – A good Natural Family Planning program just got better. The Couple to Couple League (CCL) has launched its newest version of its Spanish program with an aim to bring NFP to even more Spanish couples and families. The new and improved series of Spanish NFP classes incorporates videos, animation and Pope John Paul II's Theology of the Body.

“With this upgrade, our Spanish instruction positions us to more effectively reach out to the young Spanish-speaking couples in our communities. With a blend of traditional face-to-face classes, self-directed home study, and distance learning teaching modes, we are now able to better meet the diverse needs of the Hispanic community, regardless of educational level or comfort with modern technology,” says Michael Manhart, CCL’s Executive Director.

These developments in CCL’s Spanish program mirror the well-received changes that have been made in recent years to its English program. While the hallmark of a CCL class remains the personal instruction and witness from the League’s teaching couples, its teachers are now equipped with up-to-date, fresh materials. “It started with the desire to make our English course more dynamic, more in sync with the type of media young couples are familiar with, and those changes have been very appreciated by both students and teaching couples,” said Erick Carrero, who was directly involved in the Spanish program development. “Then we took our current Spanish basic course, augmented its content, updated the references, and incorporated video clips, chart animations, beautiful pictures and lots of color. The end result: a great experience for those who come to class.”

With this new program of clear presentations and helpful practice exercises, students will leave their class with greater confidence to apply what they just learned. The new *El Arte de la Planificación de la Familia - Guía del Estudiante (The Art of Natural Family Planning Student Guide)* is presented in a workbook format that couples can write in throughout class. Classroom instruction is also much more interactive: students will see the progression of cycles and interpretations unfolding, just as they will experience in real life. Teaching Couples who have used these materials in English have expressed their eagerness and excitement about the release of the program in Spanish. They have enjoyed its contemporary graphics and computer animation, as well as video lessons from experts in the fields of theology and medicine.

Additionally, CCL is now able to help those dioceses without a current Spanish NFP outreach through the use of distance learning. By taking advantage of technology and already-trained Spanish teachers in other parts of the country, CCL can help jump-start a Spanish NFP outreach where there currently is none, or bring new life to Spanish NFP programs that perhaps have lagged behind what is needed.

“If you have wondered: ‘How are we going to reach out to the Hispanic couples in our area?’... CCL can help make it happen,” Carrero said.

Every year more than 6,500 couples (English and Spanish) are touched by CCL’s mission to build joyful marriages through teaching natural family planning, couple to couple. More than 200,000 couples have been instructed since the League’s inception in 1971.